**Parallax Sitting**

**Goal:** To understand and localize peripheral motion

**Set up:** Place two targets on the table directly in front of the patient, in a straight line, spaced about 12” apart. The targets should be large, and the patient should be able to see both.

**Instructions:**

Monocular – have the patient wear a patch over one eye.

1. Sitting straight, have the patient look at the top of the object closest to the patient. Have the patient sway left to right SLOWLY. While keeping their eye on the closer object, have the patient pay attention to second object (farther away one) with their periphery.
   1. Have the patient tell you what the farther object is doing. Is the object moving? Is it moving with the patient (when the patient sways to the left the object appears to move to the left)? Is the object moving against the patient (when the patient sways to the left the object appears to go to the right)? Does the object change size?
   2. The patient should see the far object moving with them. If they do not, separate the objects more and have them repeat. Continue to add more space until they see the object moving with them. Then, slowly decrease the space until the spacing is back to approximately 12”.
2. Have the patient switch to look at and focus on the far object. Have the patient sway left to right SLOWLY. While keeping their eye on the farther object, have the patient pay attention to the closer object with their periphery.
   1. Have the patient tell you what the closer object is doing. Is the object moving? Is it moving with the patient (when the patient sways to the left the object appears to move to the left)? Is the object moving against the patient (when the patient sways to the left the object appears to go to the right)? Does the object change size?
   2. The patient should see the far object moving with them. If they do not, separate the objects more and have them repeat. Continue to add more space until they see the object moving with them. Then, slowly decrease the space until the spacing is back to approximately 12”.