

## Adult Vision Symptom Checklist

Please read all questions carefully and report the frequency of each symptom as you have experienced it recently.

	Never	Seldom	Occasionally	Frequently	Always
Eye strain or pain	0	1	2	3	4
Eye fatigue or eye rubbing	0	1	2	3	4
Blurry Vision at near or far distance	0	1	2	3	4
Double Vision	0	1	2	3	4
Headache after visual task	0	1	2	3	4
Dizziness or nausea after visual task	0	1	2	3	4
Light Sensitivity	0	1	2	3	4
Poor Depth Perception	0	1	2	3	4
Bumps into objects/clumsiness	0	1	2	3	4
Can't tolerate "visually-busy" places	0	1	2	3	4
Uncomfortable while driving/riding in the car	0	1	2	3	4
Difficulty adjusting focus between near and far	0	1	2	3	4
Head tilt or unsteady gait	0	1	2	3	4
Closing one eye	0	1	2	3	4
Skipping words or lines while reading	0	1	2	3	4
Cannot read as long as you would like	0	1	2	3	4
Poor reading comprehension or slow reading speed	0	1	2	3	4
Poor memory	0	1	2	3	4
Decreased ability to participate in hobbies/sports	0	1	2	3	4

Total:

**Score 10-15: Borderline vision problem.**

**Score 15+: Vision problem is likely. Developmental Vision Evaluation recommended.**